

EUC Taekwondo Championship 2019 Zagreb - Croatia



Recognized Poomsae

All the athletes perform two compulsory Poomsae in all rounds as shown below:
The Poomsae has to be presented in the same order as they were drawn.

Division	Cut Off system			
	Semi Final		Final	
	P1	P2	P1	P2
Individual [F]	Keumgang	Taegeuk 8	Koryo	Taebaek
Individual [M]	Koryo	Taegeuk 7	Keumgang	Pyongwon

Duration of Contest

Recognized Poomsae: Individual competitions from 30 seconds to 90 seconds.
Break time between 1st poomsae and 2nd poomsae is 30 to 60 seconds.

Free Style Poomsae

Only one round (final round), independent of the number of athletes.
All the athletes perform only one Free Style Poomsae.
The music for the free style poomsae competition has to be brought by the competitors as MP3 on a CD or USB (with name & division of contestant) and is submitted to OC by registration / accreditation. **No Performance without music!**